

Public Information to help residents who are homeless

Background

The County is increasingly finding people who are outside without shelter ('living rough') or spending time on the streets due to lack of safe housing. This tip sheet provides information and contacts if you meet someone you think might be homeless.

There is more information about housing and other supports at thecounty.ca/housing. Also see accompanying Human Services Resource.

First things first:

Find out if the person needs help right now:



First Aid

1. **Emergency:** Call 911
2. **Non-Emergency:**
 - Fire Department 613 476-2345
 - OPP 1 888 310 1122
1. If you encounter someone who might have overdosed on opioids (drowsy, non-responsive):
2. Call 911 and administer naloxone if you're comfortable. Naloxone will not cause any further injury. Get kits free from local pharmacies



Victim of Domestic Violence

Alternatives for Women (Picton)
24/7 Crisis Line 613 476 2787



Mental Health and Addiction Crisis

(after 3 pm) Call OPP non-emergency line 888 310 1122 and ask for the IMPACT Team to attend



Some things to remember about people who are homeless:

1. No one chooses to be homeless. There are many people who couch surf or live in unsafe housing which means they spend a lot of time on the street, sometimes with their belongings.
2. There are no emergency shelters or drop-ins in The County.
3. The *most* you can receive as a single person on social assistance, rent included, is \$1400. A bachelor apartment in The County costs \$1600 per month and a room \$900 per month.
4. There are very little mental health services for residents, especially youth.
5. At least half of people who are homeless have traumatic brain injury - this may affect them physically, and cause problems with speech, attention and memory. (*Lancet*, 2019)

How you can help:

During weekday hours or leave a message:

For anyone who is homeless:

Next Steps Housing Connection at Career Edge
613 476 6456 ext 677

For anyone looking for housing:

The County's Housing Help Program: ext 1069

For youth:

The ROC
299 Main Street, Picton, 613 476-1462

For Seniors:

Community Care for Seniors
153 Main Street at Centre, 613 476 7493

Ontario Works: emergency financial assistance

613 476 2842 and supports through the By-Name-List Program 613 354 0957 (at Ross and Main)

Emergency Housing

Salvation Army

Emergency accommodation only through OPP non-emergency line 888 310 1122 or Fire 613 476 2345

The Salvation Army may be able to arrange for one or two nights.

Grace Inn Shelter

315 Church Street Belleville

613 966 2898

Intake for a bed starts at 9 pm until the Shelter is full.
It is recommended to arrive very early to get in line.

Morningstar Mission

58 Water Street Napanee

613 354 6355

November to April 5:30 pm to 10:30 am
Drop in, meals, shower, sleeping pods

Housing Department Staff

For more information or help:

Elis Ziegler, Supervisor
ext 1529 or 613 922 3785
eziegler@pecounty.on.ca

Judith Burfoot Housing Help Coordinator
613 219 3104 or ext 1069
housinghelp@pecounty.on.ca

Tricia Richens, Leeward House Coordinator
343 645 3472
leewardhouse@pecounty.on.ca

Other resources:

Human Services List available from The County
211.ca

Transitional Housing

For semi-permanent housing, contact:

Leeward House:

343 645 3742

The County's transitional housing facility by application only

Next Steps Housing Connection:

613 476 6456 ext 677

Will assist with applications to a number of transitional housing units in the region

Help with Food



- 1. Salvation Army**
Queen and Elizabeth, Picton
613 476 3159
Food bank 9 to 12
Tuesdays through Thursdays
- 2. Picton Food Bank**
Mary Street and Main, Picton
613 476 8516
Fridays 9 to 11
- 3. Wellington Storehouse Foodbank**
304 Niles Street at West Street
613 849 7403
Wednesdays 10 to 12 and 1 to 3
- 4. Community Food Pantry**
Picton Public Library
208 Main Street
613 476 5692

Meals: Hope Centre

46 King and Elizabeth, Picton
613 922 5279
Contact for Schedule



This resource is current as of July 2025.

If you know about other community aid in The County, please let us know!

